

A STUDY ON ACADEMIC STRESS AMONG B.T.C. STUDENTS OF GHAZIABAD DISTRICT OF UTTER PRADESH

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ABSTRACT

Academic stress is mental distress with respect to some anticipated frustration associated with academic failure or even unawareness to the possibility of such failure. Students have to face many academic demands, for example, school examination, answering questions in the class, showing progress in school subjects. The present study consists of 200 B.T.C. Students studying in Government and private teacher-training colleges situated in Ghaziabad District of Uttar Pradesh, India. The sample was selected by using simple random sampling technique. The present study reveals that the male student's academic stress is higher than female students. The urban student's academic stress is higher than rural student. The Government school student's academic stress is less than private school student.

KEYWORDS: Academic Stress, B.T.C. Students, Male/Female, Urban/Rural, Government /Private